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MONDAY	TUESDAY	WEDNESDAY
	<p>Nurse Consultations with Martha Fortune, 12:30-3:00 pm</p>	
<p>Chair Yoga <input type="checkbox"/></p> <p>9:30-10:20 am Lucia Russett</p> <p>Game Room for Open Play </p> <p>10:00 am-3:30 pm 614</p> <p>Total Body Fitness </p> <p>11:00-11:50 am Samuel Lopez 10th floor</p> <p>Beginner Bridge </p> <p>11:00 am-12:00 pm Bruce Gershfield 610</p> <p>Women's Group <input type="checkbox"/></p> <p>11:10 am-12:10 pm Elizabeth Flamm</p> <p>Men's Group* </p> <p>12:00-1:30 pm 613</p> <p>Supervised Mah Jongg </p> <p>12:30-2:30 pm Jane Nadboy 604</p> <p>Yiddish Conversation Circle </p> <p>1:00-2:00 pm 610</p> <p>Acting Workshop </p> <p>1:00-2:45 pm Marilyn Schulman 609</p> <p>Shoot the Breeze </p> <p>2:00-3:00 pm Erica Shein 613</p> <p>Monday Member Salon* </p> <p>(3/3) "My Karmic Career: Child Refugee to Survivor Support – Connecting with Young Europeans and My Hometown" with Lilian Sicular (3/10) "The Supreme Court Has Made Its Decision, Now Let It Enforce It' Andrew Jackson, the Cherokee Nation and Donald Trump" with John Farago (3/24) "How to Organize Your Community in Times of Peril" with David Knapp (3/31) "What I Learned Working on Medical Malpractice Cases" with Marian Lubinsky 3:05-4:00 pm 604</p> <p>NEW Social Action Committee Open Meeting: Artificial Intelligence in Healthcare – A Blessing or a Risk for Older Adults <input type="checkbox"/></p> <p>(3/17) 3:05-4:00 pm Dr. Takeshi Uemura 604</p> <p>Weekly Catch up <input type="checkbox"/></p> <p>5:00-6:00 pm Hosted by Erica Shein</p>	<p>Balance & Stability <input type="checkbox"/></p> <p>9:30-10:20 am Mary Copeland</p> <p>Intermediate Yoga </p> <p>10:00-11:00 am Ana Sussman 604</p> <p>Game Room for Open Play </p> <p>10:00 am-3:30 pm 614</p> <p>T'ai Chi Chih <input type="checkbox"/></p> <p>11:00-11:50 am Ken Gray 604</p> <p>NEW Easy Peezy Paper Folding </p> <p>11:00 am-12:00 pm Jake Garfield 610</p> <p>The Art of Listening to Music <input type="checkbox"/></p> <p>11:00 am-12:00 pm (3/4) Simon Saad; (3/11) Javor Bracic; (3/18) Arielle Levioff; (3/25) Javor Bracic 92NY S102/103</p> <p>Drop-in Discussion Group <input type="checkbox"/></p> <p>12:00-1:00 pm Ellen Love, LCSW</p> <p>Israeli & International Folk Dance </p> <p>12:30-2:45 pm Danny Pollock The Club House 1558 Third Ave (Between 87th and 88th)</p> <p>Living With Loss, a Bereavement Group </p> <p>1:00-2:00 pm Dr. Carole Brafman 414</p> <p>Poetry Writing Workshop <input type="checkbox"/></p> <p>1:00-3:00 pm Fran Richey 610</p> <p>Supervised Bridge </p> <p>1:00-3:00 pm Alene Friedman & Michael Radin 604</p> <p>Children and Notable Family Members of the US Presidents <input type="checkbox"/></p> <p>2:00-3:00 pm Doug Brin 613</p> <p>Watercolor with Zach! </p> <p>2:30-3:45 pm Zach Seeger 414</p> <p>Afternoon Tea & Treats </p> <p>3:00-3:30 pm 604 <i>3/18, Come celebrate March Birthdays with cake!</i></p> <p>Ben Franklin Circle/Book Discussion Group/Movie Club/Poems/Poetry Recitation with Fran Richey's class <input type="checkbox"/></p> <p>4:30-5:30 pm Erica Shein (3/4) BFC; (3/11) Poems; (3/18) Movie Club: Kramer vs. Kramer; (3/25) Poetry Recitation with Fran Richey's Class</p> <p>Member-led Virtual Cocktail Hour* <input type="checkbox"/></p> <p>5:00-6:00 pm</p>	<p>Yoga </p> <p>10:00 am-11:00 pm Ana Sussman 10th floor</p> <p>Studio Art </p> <p>10:00 am-12:00 pm Zach Seeger 414</p> <p>Supervised Canasta </p> <p>10:00 am-12:00 pm Michelle Marx 604 <i>3/19 & 3/26, no class.</i></p> <p>Drop-in Discussion Group <input type="checkbox"/></p> <p>11:00 am-12:00 pm Ellen Love, LCSW</p> <p>Chess </p> <p>11:30 am-1:00 pm Jerald Times 609</p> <p>The Presence of Love in Shakespeare: A Journey Through Sonnets and Plays </p> <p>(1/8-3/12, no class 3/26) 1:00-2:00 pm Jerald Times 613 <i>March's selection: <u>Do Not Say We Have Nothing</u> by Madeleine Thien</i></p> <p>Monthly Book Group </p> <p>(3/26) 1:00-2:00 pm Prof Nicholas Birns 613 <i>March's selection: <u>Do Not Say We Have Nothing</u> by Madeleine Thien</i></p> <p>Musical Theater Sing Along <input type="checkbox"/></p> <p>1:00-2:30 pm Mark York 614 <i>3/12 & 3/19, no class.</i></p> <p>Studio Art </p> <p>1:00-3:00 pm Zach Seeger 414</p> <p>Knitting Circle </p> <p>(3/12 & 3/26) 1:00-3:00 pm Sandy Magesis 604</p> <p>The Personal Essay <input type="checkbox"/></p> <p>1:15-2:30 pm Sally Blumis-Dunn</p> <p>Intermediate Bridge </p> <p>1:30-3:30 pm Bruce Gershfield 609</p> <p>Shakespeare <input type="checkbox"/></p> <p>2:00-3:00 pm Leo Schaff 610</p> <p>Guided Meditation & Relaxation <input type="checkbox"/></p> <p>3:30-4:30 pm Betsy Light</p> <p>Member-led Virtual Cocktail Hour* <input type="checkbox"/></p> <p>5:00-6:00 pm</p> <p>NEW The Origins of Modern Terrorism <input type="checkbox"/></p> <p>(3/5-5/7) 7:30-8:30 pm Dr. Jeff Horn</p>

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THURSDAY	FRIDAY	SATURDAY
<p>Painting & Drawing  10:00 am-12:00 pm Donelle Estey 414</p> <p>Game Room for Open Play  10:00 am-3:30 pm 610</p> <p>Agility & Strength  10:10-11:00 am Mary Copeland 10th floor</p> <p>Sit and Be Fit  11:00-11:50 am Samuel Lopez 10th floor</p> <p>NEW The Poetry of Song Lyrics  (3/20-4/17) 11:00 am-12:00 pm Ari Satok 614</p> <p>World Events  11:00 am-12:00 pm Scheuer, Kirk and Levin 3/27, class is in person only in 613.</p> <p>Lunch and Learn: Play and Laugh with 92NY's Rabbi  12:00-1:00 pm Rabbi David Ingber 604</p> <p>History of Baseball  (3/6) 12:30-1:30 pm Steve King</p> <p>Painting & Drawing  1:00-3:00 pm Donelle Estey 414</p> <p>Supervised Bridge  1:30-3:30 pm Alene Friedman & Michael Radin 604</p> <p>NEW Absolute Beginner Canasta  (2/13-3/6) 1:30-3:30 pm Michelle Marx 613 <i>Registration and payment are required.</i></p> <p>The History of Jazz Piano from 1925-2025  (2/6-3/27) 2:00-3:00 pm Rob Silverman 614</p> <p>Ping Pong  2:00-4:00 pm Location: PingPod 1470 Lexington Avenue, corner of Lex and 95th. Purchase of a game card is required.</p> <p>NEW Film Screening, Discussion & Dessert Reception: "The Last Musician of Auschwitz"  (3/6) 3:00-5:30 pm 10th floor <i>Reservation required.</i></p> <p>T'ai Chi Chih  3:30-4:20 pm Ken Gray</p> <p>Member-led Virtual Cocktail Hour*  5:00-6:00 pm</p>	<p>Chair Yoga  9:30-10:20 am Lucia Russett</p> <p>Postural Therapy Movement Program  9:30-10:20 am Joey Zimet 604</p> <p>Beginner Ulpan  10:00-11:00 am Raz Betser 610</p> <p>Developing Your Style, Creating a Series  (series ends 3/7) 10:00 am-12:00 pm Marguerite Day 414</p> <p>NEW Painting & Drawing  (3/14-3/28) 10:00 am-12:00 pm Donelle Estey 414</p> <p>Game Room for Open Play  10:00 am-3:30 pm 609</p> <p>Yoga  11:00 am-12:00 pm Wendell Odom 604</p> <p>Intermediate Ulpan  11:00 am-12:00 pm Raz Betser 610</p> <p>The Best Of...*  11:00 am-12:00 pm Phyllis Brusiloff 614</p> <p>Live Strong  12:00-12:50 pm Dr. Randy Kamen 614</p> <p>Men's Group*  12:00-1:30 pm 613</p> <p>Lunchtime Chat  12:30-1:15 pm Elizabeth Flamm, LCSW</p> <p>Developing Your Style, Creating a Series  (series ends 3/7) 12:30-2:30 pm Marguerite Day 414</p> <p>NEW Painting & Drawing  (3/14-3/28) 12:30-2:30 pm Donelle Estey 414</p> <p>Live Strong in Practice  1:00-1:50 pm Dr. Randy Kamen 614</p> <p>Shoot the Breeze  1:00-2:00 pm Erica Shein</p> <p>Baroque Art and Architecture: Drama, Emotion and Splendor  (2/14-4/4, no class 3/28) 2:00-3:00 pm Dr. Seth Gopin, 10th floor</p> <p>NEW Concert: The Dmitri Kolesnik Quartet  (3/28) 2:00-3:00 pm The Chapel</p> <p>Member-led Virtual Cocktail Hour*  5:00-6:00 pm</p>	<p>Trivia & Games*  11:00 am-12:00 pm Led by Joanne Bernstein</p> <p>French Conversation*  1:30-2:30 pm Led by Laura Bodin</p> <p>Member-led Virtual Cocktail Hour*  5:00-6:00 pm</p> <p>SUNDAY</p> <p>Short Story Discussion Group*  Led by Joanne Bernstein 5:00-6:00 pm</p> <p>KEY</p> <p> = Online  = In Person  = Online AND In Person * = Member-led</p> <p>CONTACT/ADDRESSES</p> <p>Himan Brown Program Office: 212.415.5649</p> <p>Membership Office: 212.415.5729</p> <p>Redeemer Presbyterian Church 150 East 91st St (Between Lexington and Third)</p> <p>92NY 1395 Lexington Avenue (Between 91st and 92nd)</p>