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MONDAY	TUESDAY	WEDNESDAY
<p><b>Chair Yoga</b> <input type="checkbox"/></p> <p>9:30-10:20 am Lucia Russett</p> <p><b>Total Body Fitness</b> </p> <p>11:00-11:50 am Kareem Collins Warburg Lounge</p> <p><b>Beginner Bridge</b> </p> <p>11:00 am-12:00 pm Bruce Gershfield NB11</p> <p><b>Women's Group</b> <input type="checkbox"/></p> <p>11:10 am-12:10 pm Elizabeth Flamm</p> <p><b>Men's Group*</b> </p> <p>12:00-1:30 pm S250/251</p> <p><b>Supervised Mah Jongg</b> </p> <p>12:30-2:30 pm Jane Nadboy Warburg Lounge</p> <p><b>Open Art Studio</b> </p> <p>12:30-2:30 pm NB11</p> <p><b>Yiddish Conversation Circle</b> </p> <p>1:00-2:00 pm The Classroom</p> <p><b>NEW ROOM Acting Workshop</b> </p> <p>1:00-2:45 pm Marilyn Schulman S297 <i>11/18, the Workshop moves to S556. 11/25, the Workshop is cancelled.</i></p> <p><b>Shoot the Breeze</b> </p> <p>2:00-3:00 pm Erica Shein S250/251 <i>11/25, class is cancelled.</i></p> <p><b>Monday Member Salon*</b> </p> <p>3:15-4:15 pm WAG (11/4) "Jerry's Life in the Ghetto in Shanghai" with Jerry Lindenstrauss (11/11) Election Recap Discussion (11/25) "Women's Health Issues" with Alice Wolfson</p> <p><b>NEW Social Action Committee Open Meeting: A Conversation with David R. Jones of the Community Service Society of New York</b> <input type="checkbox"/></p> <p>(11/18) 3:15-4:15 pm WAG</p> <p><b>Weekly Catch up</b> <input type="checkbox"/></p> <p>5:00-6:00 pm Hosted by Erica Shein <i>11/25, class is cancelled.</i></p> <p><b>NEW Fall Cocktail Party</b> </p> <p>(11/25) 5:00-7:00 pm Warburg Lounge <i>Registration and payment are required.</i></p>	<p>Nurse Consultations with Martha Fortune from 12:00-5:00 pm.</p> <p><b>Balance &amp; Stability</b> <input type="checkbox"/></p> <p>9:30-10:20 am Mary Copeland</p> <p><b>Intermediate Yoga</b> </p> <p>10:00-10:50 am Ana Sussman NB07</p> <p><b>Boxing &amp; Fitness I</b> </p> <p>(tbd) 10:00-11:00 am Kareem Collins The Club House 1558 Third Avenue (between 87th and 88th) <i>Registration is closed.</i></p> <p><b>T'ai Chi Chih</b> <input type="checkbox"/></p> <p>11:00-11:50 am Ken Gray Warburg Lounge</p> <p><b>The Art of Listening to Music</b> <input type="checkbox"/></p> <p>11:00 am-12:00 pm. (11/5) Javor Bracic; (11/12) Simón Saad (11/19) Arielle Levioff; (11/26) Javor Bracic S297</p> <p><b>Boxing &amp; Fitness II</b> </p> <p>(8/20-10/22) 11:15 am-12:15 pm Kareem Collins The Club House 1558 Third Avenue (between 87th and 88th) <i>Registration is required.</i></p> <p><b>Drop-in Discussion Group</b> <input type="checkbox"/></p> <p>12:00-1:00 pm Ellen Love, LCSW</p> <p><b>NEW Small Group Instruction Oil Painting</b> </p> <p>(11/5-12/17) 12:30-2:30 pm Zach Seeger NB11 <i>Registration and payment are required.</i></p> <p><b>Poetry Writing Workshop</b> <input type="checkbox"/></p> <p>12:30-2:30 pm Fran Richey The Classroom</p> <p><b>Israeli &amp; International Folk Dance</b> </p> <p>12:30-2:45 pm Danny Pollock NB07</p> <p><b>NEW ROOM Living After Loss, a Bereavement Group</b> </p> <p>1:00-2:00 pm Dr. Carole Brafman N205</p> <p><b>Supervised Bridge</b> </p> <p>1:00-3:00 pm Alene Friedman &amp; Michael Radin WAG <i>11/5, Bridge moves to Warburg Lounge.</i></p> <p><b>NEW Concert: Dalton Students</b> </p> <p>(11/19) 1:00-1:40 pm Warburg Lounge</p> <p><b>Children and Notable Family Members of the US Presidents</b> <input type="checkbox"/></p> <p>2:00-3:00 pm Doug Brin S297</p> <p><b>Afternoon Tea &amp; Treats</b> </p> <p>3:00-4:00 pm Warburg Lounge <i>11/19, Come celebrate November Birthdays with cake!</i></p> <p><b>NEW Himan Brown 60+ Program's Annual Membership Meeting</b> <input type="checkbox"/></p> <p>(11/12) 3:30-4:30 pm Warburg Lounge</p> <p><b>Ben Franklin Circle/ Book Discussion Group/ Movie Club/Poems/Poetry Recitation with Fran Richey's class</b> <input type="checkbox"/></p> <p>4:30-5:30 pm Erica Shein (11/5) BFC; (11/12) Poetry Recitation with Fran Richey's class; (11/19) Book Discussion Group - <i>There are Rivers in the Sky</i> by Elif Shafak; (11/26) no class;</p> <p><b>Member-led Virtual Cocktail Hour*</b> <input type="checkbox"/></p> <p>5:00-6:00 pm</p>	<p><b>Fitness Training</b> </p> <p>10:00-10:50 am Kareem Collins NB07</p> <p><b>Studio Art</b> </p> <p>10:00 am-12:00 pm Zach Seeger NB11</p> <p><b>Supervised Canasta</b> </p> <p>10:30 am-12:30 pm Michelle Marx Warburg Lounge</p> <p><b>Yoga</b> </p> <p>11:00 am-12:00 pm Ana Sussman NB07</p> <p><b>Drop-in Discussion Group</b> <input type="checkbox"/></p> <p>11:00 am-12:00 pm Ellen Love, LCSW</p> <p><b>Chess</b> </p> <p>12:30-2:00 pm Jerald Times The Classroom</p> <p><b>Musical Theater Sing Along</b> <input type="checkbox"/></p> <p>12:30-2:00 pm Mark York S101</p> <p><b>Knitting Circle</b> </p> <p>(11/13, 11/20) 12:30-2:30 pm Sandy Magesis Warburg Lounge</p> <p><b>Studio Art</b> </p> <p>12:30-2:30 pm Zach Seeger NB11</p> <p><b>NEW People of the Book: Short Stories about Being a Jew/Jewish</b> </p> <p>(11/6-12/11, no class 11/27) 12:45-1:45 pm Dr. Richard Larschan S250/251</p> <p><b>Monthly Book Group</b> </p> <p>(11/27) 12:45-1:45 pm Prof Nicholas Birns S250/251 <i>November's selection: <u>Real Americans</u> by Rachel Khong.</i></p> <p><b>The Personal Essay</b> <input type="checkbox"/></p> <p>12:45-2:00 pm Sally Bliumis-Dunn</p> <p><b>Backgammon</b> </p> <p>1:00-2:00 pm David Knapp Warburg Lounge</p> <p><b>NEW Intergenerational Book Group with Dalton M.S. Students</b> </p> <p>(11/13) 1:45-2:15 pm Erica Shein The Club House 1558 Third Avenue (between 87th and 88th)</p> <p><b>Shakespeare</b> <input type="checkbox"/></p> <p>2:00-3:00 pm Leo Schaff S297</p> <p><b>Intermediate Bridge</b> </p> <p>2:00-4:00 pm Bruce Gershfield The Club House 1558 Third Avenue (between 87th and 88th) <i>11/13, Bridge time changes to 2:30-4:30 pm.</i></p> <p><b>NEW TIME Ping Pong</b> </p> <p>(7/17-12/18) 3:00-4:00 pm Location: PingPod 1470 Lexington Avenue, corner of Lex and 95th. Purchase of a game card is required.</p> <p><b>NEW Revolution!</b> <input type="checkbox"/></p> <p>(9/18-12/18, no class 11/27) Dr. Jeff Horn 3:00-4:00 pm Warburg Lounge</p> <p><b>Guided Meditation &amp; Relaxation</b> <input type="checkbox"/></p> <p>3:30-4:30 pm Betsy Light</p> <p><b>Member-led Virtual Cocktail Hour*</b> <input type="checkbox"/></p> <p>5:00-6:00 pm</p>

# 92NY HIMAN BROWN 60+ NOVEMBER 2024 PROGRAM SCHEDULE - IN PERSON & ONLINE

THURSDAY	FRIDAY	SATURDAY
<p>The program is closed November 28 for the Thanksgiving holiday.</p>	<p>The program is closed November 29 for the Thanksgiving holiday.</p>	
<p><b>Cardio &amp; Strength</b>  10:00-10:50 am Mary Copeland NB07</p> <p><b>Painting &amp; Drawing</b>  10:00 am-12:00 pm Donelle Estey NB11</p> <p><b>Sit and Be Fit</b>  11:00-11:50 am Kareem Collins Warburg Lounge</p> <p><b>World Events</b>  11:00 am-12:00 pm Scheuer, Kirk and Levin <i>11/7, World Events meets in person in S297 for a special program – Making Sense of the 2024 Election Cycle. This class is not on Zoom.</i></p> <p><b>NEW Café Ivrit</b>  (11/7) 12:00-1:30 pm Raz Betser <b>Bread N Wine</b> <i>1417 Lexington Avenue (between 92nd &amp; 93rd), Separate pay.</i></p> <p><b>Supervised Bridge</b>  12:15-2:15 pm Alene Friedman &amp; Michael Radin WAG</p> <p><b>History of Baseball</b>  12:30-1:30 pm Steve King</p> <p><b>Painting &amp; Drawing</b>  12:30-2:30 pm Donelle Estey NB11</p> <p><b>Learn, Play and Laugh with 92NY's Rabbi</b>  1:00-2:00 pm Rabbi David Ingber Warburg Lounge</p> <p><b>Game Room for Open Play</b>  2:00-4:00 pm WAG</p> <p><b>NEW "It's a Wonderful Town": NYC in the Movies</b>  (11/7) 2:15-3:15 pm Professor Brian Rose Warburg Lounge</p> <p><b>NEW Muslims, Christians and Jews in Middle East History</b>  (11/14-12/19, no class 11/21) 2:15-3:15 pm Professor Matthew Ellis Warburg Lounge</p> <p><b>NEW The Last Human Job: When Machines Have Time For Us And People Do Not with Dr. Allison Pugh, author, and Dr. Martina Verba, moderator</b>  (11/21) 2:15-3:15 pm Warburg Lounge</p> <p><b>NEW DAY Ping Pong</b>  (10/31-12/19) 3:00-4:00 pm <b>Location: PingPod</b> <i>1470 Lexington Avenue, corner of Lex and 95th. Purchase of a game card is required.</i></p> <p><b>Member-led Virtual Cocktail Hour*</b>  5:00-6:00 pm</p>	<p><b>Chair Yoga</b>  9:30-10:20 am Lucia Russett</p> <p><b>Postural Therapy Movement Program</b>  10:00-10:50 am Joey Zimet Warburg Lounge</p> <p><b>Drawing and Painting: Developing Your Style</b>  (11/1-12/13) 10:00 am-12:00 pm Marguerite Day NB11 <i>Registration for this class is required. Open Studio Space is available for those not taking the class.</i></p> <p><b>Yoga</b>  11:00 am-12:00 pm Wendell Odum NB07</p> <p><b>NEW Ulpan</b>  11:00 am-12:00 pm Raz Betser N205 <i>Registration is required.</i></p> <p><b>Men's Group*</b>  12:00-1:30 pm S101</p> <p><b>Live Strong</b>  12:00-12:50 pm Dr. Randy Kamen S104</p> <p><b>Lunchtime Chat</b>  12:30-1:15 pm Elizabeth Flamm, LCSW</p> <p><b>Drawing and Painting: Inspired by Art History</b>  12:30-2:30 pm Marguerite Day NB11</p> <p><b>Memoir Writing</b>  (9/6-12/20) 12:45-2:00 pm Susan Stein</p> <p><b>Live Strong in Practice</b>  1:00-1:50 pm Dr. Randy Kamen S104</p> <p><b>Shoot the Breeze</b>  1:30-2:30 pm Erica Shein</p> <p><b>NEW Concert: Flo Ankah Performs</b>  2:00-3:00 pm (11/1) WAG</p> <p><b>NEW Concert: Phoenix Ensemble presents Taketo Kataoka, pianist</b>  (11/8) 2:00-3:00 pm WAG</p> <p><b>NEW Concert: Rob Silverman Jazz Quartet</b>  2:00-3:00 pm (11/15) WAG</p> <p><b>NEW Phoenix Ensemble presents Boyd Meets Girl with Rupert Boyd, classical guitarist &amp; Laura Metcalf, cellist</b> (11/22) 2:00-3:00 pm WAG</p> <p><b>NEW The Best Of...*</b>  3:15-4:15 pm Phyllis Brusiloff <b>The Glassroom</b></p> <p><b>T'ai Chi Chih</b>  3:30-4:20 pm Ken Gray</p> <p><b>Member-led Virtual Cocktail Hour*</b>  5:00-6:00 pm</p>	<p><b>Trivia &amp; Games*</b>  11:00 am-12:00 pm Led by Joanne Bernstein</p> <p><b>French Conversation*</b>  1:30-2:30 pm Led by Laura Bodin</p> <p><b>Member-led Virtual Cocktail Hour*</b>  5:00-6:00 pm</p> <p><b>SUNDAY</b></p> <p><b>Short Story Discussion Group*</b>  Led by Joanne Bernstein 5:00-6:00 pm</p> <p><b>KEY</b></p> <p> = Online</p> <p> = In Person</p> <p>  = Online AND In Person</p> <p>* = Member-led</p> <p><b>CONTACT</b></p> <p><b>Himan Brown Program Office:</b> 212.415.5649</p> <p><b>Membership Office:</b> 212.415.5729</p>