92NY HIMAN BROWN 60+ JULY 2024 PROGRAM SCHEDULE - IN PERSON & ONLINE

MONDAY		TUESDAY Nurse Consultations with Martha Fortune from 11:00 am-4:00 pm. <i>The nurse is not onsite on July 2.</i>		WEDNESDAY	
Chair Yoga 9:30-10:20 am Lucia Russett Social Action Committee Internal Meeting (7/1) 10:00-11:00 am Total Body Fitness Areem Collins Warburg Lounge NEW ROOM Beginner Bridge 10:00 am-12:00 pm Bruce Gershfield NB11 Women's Group 11:10 am-12:10 pm Elizabeth Flamm NEW When Washington Burned: The British Invasion of the Capital and a Nation's Rise from the Ashes (7/8) 12:00-1:00 pm Dr. Robert Watson WAG/Hall of Mirrors Followed by a Dessert Reception from 1:00-2:00 pm. NEW ROOM Men's Group * 12:00-1:30 pm S256	NEW TIME Open Art Studio & 12:30 am-2:30 pm NB11 Supervised Mah Jongg & 12:30-2:30 pm Jane Nadboy Warburg Lounge 7/8, class time changes to 2:00-4:00 pm. NEW ROOM Yiddish Conversation Circle & 1:00-2:00 pm The Glassroom NEW ROOM Acting Workshop & 1:00-2:45 pm Marilyn Schulman NB07 7/8 & 7/15, the Workshop is cancelled. NEW TIME & NEW ROOM Shoot the Breeze & 2:30-3:30 pm Erica Shein S101 NEW Ping Pong & (7/15-9/30) 3:00-5:00 pm Location: PingPod 1470 Lexington Avenue, corner of Lex and 95th. Purchase of a game card is required. Virtual Cocktail Hour 5:00-6:00 pm Hosted by Erica Shein	Balance & Stability 10:00-10:50 am Mary Copeland 7/9, class time changes to 9:30-10:20 am permanently. Intermediate Yoga 10:00-10:50 am Ana Sussman NB07 Boxing & Fitness for Seniors (5/7-7/16) 10:00-11:00 am Kareem Collins The Club House 1558 Third Avenue (between 87th and 88th) This class is closed. T'ai Chi Chih 11:00-11:50 am Ken Gray Warburg Lounge 7/23, class moves to NB07. NEW ROOM The Art of Listening to Music 11:00 am-12:00 pm WAG (7/2) Arielle Levioff; (7/9) Arielle Levioff (7/16) Simon Saad; (7/23) Simon Saad; (7/30) Simon Saad 7/16, class moves to tbd. Boxing & Fitness for Seniors (5/7-7/16) 11:15 am-12:15 pm Kareem Collins The Club House 1558 Third Avenue (between 87th and 88th) This class is closed. Drop-in Discussion Group 12:00-1:00 pm Ellen Love, LCSW Poetry Writing Workshop 12:30-2:30 pm Fran Richey The Glass Room	Afternoon Oil Painting \$\$ (5/7-7/9) 12:30-2:30 pm Zach Seeger NB11 Registration is required. Israeli & International Folk Dance \$ 12:30-2:45 pm Danny Pollock NB07 NEW ROOM Living After Loss, a Bereavement Group \$ NEW ROOM Living After Loss, a Bereavement Group \$ NB07 NEW ROOM Living After Loss, a Bereavement Group \$ NO0-2:00 pm Dr. Carole Brafman S256 Supervised Bridge \$ NO0-3:00 pm Alene Friedman WAG 7/23, Bridge is independent play. NEW AND NEW ROOM Immigration in the United States \$ Oug Brin S102/103 Afternoon Tea & Treats \$ Oug Brin S102/	NEW Monthly Book Group A (7/10) 9:00-9:30 am Light Breakfast 9:30-10:30 am Book Discussion Nicholas Birns Warburg Lounge Fitness Training A 10:00-10:50 am Kareem Collins NB07 Studio Art A 10:00 am-12:00 pm Zach Seeger NB11 7/10-8/28, Donelle Estey subs. Supervised Canasta A 10:30 am-12:30 pm Michelle Marx Warburg Lounge Yoga A 11:00 am-12:00 pm Ana Sussman NB07 Drop-in Discussion Group 11:00 am-12:00 pm Ellen Love, LCSW Knitting Circle A 12:30-2:00 pm Sandy Magesis Warburg Lounge Chess A 12:30-2:00 pm Jerald Times The Glass Room Musical Theater Sing Along A 12:30-2:00 pm Mark York S101	Studio Art SA 12:30-2:30 pm Zach Seeger NB11 7/10-8/28, Donelle Estey subs. The Personal Essay 1 12:45-2:00 pm Sally Bliumis-Dunn NEW ROOM Backgammon 2 1:00-2:00 pm David Knapp S256 NEW TIME & NEW ROOM Shakespeare SA 2:00-3:00 pm Leo Schaff S101 7/3 & 7/10, class is Zoom only. Onsite viewing in S101. NEW TIME & NEW ROOM Intermediate Bridge SA 2:00-4:00 pm Bruce Gershfield S102/103 NEW Ping Pong SA (7/17-9/25) 3:00-5:00 pm Location: PingPod 1470 Lexington Avenue, corner of Lex and 95th. Purchase of a gam card is required. Guided Meditation & Relaxation 3 3:30-4:30 pm Betsy Light Visual Fitness Workouts (6/26-7/31) 3:30-5:00 pm Renee Sandell Member-led Virtual Cocktail Hour* 5 5:00-6:00 pm

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THURSDAY The program is closed on July 4.		FRIDAY Special Independence Day Programming on July 5.			SATURDAY
World Events 11:00 am-12:00 pm Scheuer, Kirk and Levin Supervised Bridge 2:00-2:00 pm Alene Friedman WAG	3:30-4:00 pm S102/103 (7/11) Alice in Wonderland Jr.; (7/18) Frozen Kids; (7/25) Willy Wonka Kids; (8/1) 101 Dalmatians Kids; (8/8) Into the Woods Jr.; (8/15) Wizard of Oz Jr.	S101 NEW ROOM Rock and Blues of the 1960s 11:00 am-12:00 pm (6/7-8/9) Rob Silverman S556	NB11 Live Strong in Practice 1:00-1:50 pm Dr. Randy Kamen S104 7/5 & 7/12, class is cancelled.	WAG T'ai Chi Chih 3:30-4:20 pm Ken Gray Member-led Virtual Cocktail Hour*	In Person * = Member-led CONTACT
Starting 7/11, class time changes to 12:15-2:15 pm. 7/18, Bridge moves to Warburg Lounge .	Member-led Virtual Cocktail Hour* 5:00-6:00 pm	7/5, class is cancelled.	Shoot the Breeze 1:30-2:30 pm Erica Shein	5:00-6:00 pm	Himan Brown Program Of 212.415.5649 Membership Office: 212.415.5729