## 92NY HIMAN BROWN 60+ DECEMBER 2024 PROGRAM SCHEDULE - IN PERSON & ONLINE

	S ON FRIDAY, DECEMBER 20. WE REO				
MONDAY On 12/9, we lose Warburg Lounge for the full day. Alternate Lounge Space WAG		TUESDAY  Nurse Consultations with Martha Fortune from 12:00-5:00 pm.		WEDNESDAY On 12/11, we lose Warburg Lounge at 1:00 pm. Alternate Lounge Space WAG	
Chair Yoga   2:30-10:20 am Lucia Russett  RESCHEDULED CLASS  Postural Therapy Movement Program   2:45-10:30 am loey Zimet   12/2) Warburg Lounge   12/9) Tbd  Total Body Fitness   1:00-11:50 am Kareem Collins  Warburg Lounge   12/9, class moves to tbd.  Beginner Bridge   1:00 am-12:00 pm Bruce Gershfield  NB11  Women's Group   11:10 am-12:10 pm Elizabeth Flamm  NEW ROOM Men's Group*   12:00-1:30 pm S101  Supervised Mah Jongg   12:30-2:30 pm lane Nadboy  Warburg Lounge   12/9, Mah Jongg moves to WAG.	Open Art Studio 12:30-2:30 pm NB11  Yiddish Conversation Circle 1:00-2:00 pm The Glassroom  Acting Workshop 1:00-2:45 pm Marilyn Schulman S297  Shoot the Breeze 1:200-3:00 pm Erica Shein S250/251 12/2, Shoot is cancelled.  Monday Member Salon* 1:2/2, Shoot is cancelled.  Monday Member Salon* 1:01-4:15 pm Warburg Lounge (12/2) WAG (12/9) (12/2) "From the Suburbs to the Upper East Side" with Janet Dubner; (12/9) "Autocracy 101: What Can Hungary Under Orban Teach Americans Facing Trump" with John Farago  Weekly Catch up 1:00-6:00 pm Hosted by Erica Shein	Balance & Stability 9:30-10:20 am Mary Copeland Intermediate Yoga 10:00-10:50 am Ana Sussman NB07  T'ai Chi Chih 11:00-11:50 am Ken Gray Warburg Lounge 12/3, class moves to S101.  The Art of Listening to Music 11:00 am-12:00 pm. (12/3) Javor Bracic; (12/10) Arielle Levioff; (12/17) Simón Saad. S297 12/3, class moves to tbd.  Drop-in Discussion Group 12:00-1:00 pm Ellen Love, LCSW 12/3, Group is cancelled.  NEW Small Group Instruction Oil Painting 11/5-12/17) 12:30-2:30 pm Zach Seeger NB11 Registration and payment are required. Poetry Writing Workshop 12:30-2:30 pm Fran Richey The Glassroom Israeli & International Folk Dance 12:30-2:45 pm Danny Pollock NB07	NEW ROOM Living After Loss, a Bereavement Group 1:00-2:00 pm Dr. Carole Brafman N205  Supervised Bridge 1:00-3:00 pm Alene Friedman & Michael Radin WAG 12/17, Bridge moves to Warburg Lounge.  Children and Notable Family Members of the US Presidents 1:00-3:00 pm Doug Brin S297  Afternoon Tea & Treats 1:00-4:00 pm Warburg Lounge 12/17, Come celebrate December Birthdays with cake!  Ben Franklin Circle/Book Discussion Group/Movie Club/Poems/Poetry Recitation with Fran Richey's class 1:2/10) BFC; (12/17) Poetry Recitation with Fran Richey's class.  Member-led Virtual Cocktail Hour* 5:00-6:00 pm	Fitness Training 10:00-10:50 am Kareem Collins NB07  Studio Art 10:00 pm Zach Seeger NB11  Supervised Canasta 10:30 pm Michelle Marx Warburg Lounge Yoga 11:00 am-12:00 pm Ana Sussman NB07  Drop-in Discussion Group 11:00 am-12:00 pm Ellen Love, LCSW 12/4, Group is cancelled.  Chess 12:30-2:00 pm Jerald Times The Glassroom  Musical Theater Sing Along 12:30-2:00 pm Mark York S101  Knitting Circle 12:30-2:30 pm Sandy Magesis Warburg Lounge 12:11, the Knitting Circle moves to WAG.  Studio Art 12:30-2:30 pm Zach Seeger NB11  NEW People of the Book: Short Stories about Being a Jew/Jewish 12:45-1:45 pm Dr. Richard Larschan S250/251	Monthly Book Group 12:45-1:45 pm Prof Nicholas Birns S250/251 December's selection: Real Americans by Rachel Khong. The Personal Essay 12:45-2:00 pm Sally Bliumis-Dunn Shakespeare 2:00-3:00 pm Leo Schaff S297 12,/4, 12/11 & 12/18, class is Zoom only. Will be shown onsite in S297. Intermediate Bridge 2:00-4:00 pm Bruce Gershfield The Club House 1558 Third Avenue (between 87th and 88th) NEW TIME Ping Pong 2:07/17-12/18) 3:00-4:00 pm Location: PingPod 1470 Lexington Avenue, corner of Lex and 95th. Purchase of a game card is required. NEW Revolution! 2:09/18-12/18) Dr. Jeff Horn 3:00-4:00 pm Warburg Lounge 12/11, class moves to WAG. 12/18, class switches to Zoom only. NEW Baking with the Dalton Students 2:01/2/4) 3:15-5:00 pm Location: The Dalton School 108 East 89th Street (meet in the Lobby of the School), Please RSVP to Erica Shein at Erica.Shein@92ny.org. Guided Meditation & Relaxation 3:30-4:30 pm Betsy Light Member-led Virtual Cocktail Hour* 5:00-6:00 pm

## 92NY HIMAN BROWN 60+ DECEMBER 2024 PROGRAM SCHEDULE - IN PERSON & ONLINE

THE PROGRAM CLOSES ON FRIDAY, DECEMBER 20. WE REOPEN ON MONDAY, JANUARY 6, AT OUR NEW LOCATION - THE CHURCH OF THE REDEEMER - LOCATED AT 150 EAST 91ST ST (BETWEEN LEXINGTON AND THIRD). **FRIDAY THURSDAY SATURDAY** Trivia & Games\* 11:00 am-12:00 pm **NEW Concert: Music from the** Cardio & Strength 👭 History of Baseball Chair Yoga Men's Group\* Led by Joanne Bernstein 12:30-1:30 pm 10:00-10:50 am 9:30-10:20 am 12:00-1:30 pm **Holocaust with Javor Bracic.** Steve King Mary Copeland Lucia Russett S101 pianist. & Friends 🐣 French Conversation\* Starting in December, the History **NB07** (12/6)1:30-2:30 pm **Postural Therapy Movement** Live Strong 4 of Baseball meets on Zoom only 2:00-3:00 pm Led by Laura Bodin Painting & Drawing 👭 12:00-12:50 pm once a month – the first Thursday Program 👭 **Tbd** 10:00 am-12:00 pm of the month -12/5. 10:00-10:50 am Dr. Randv Kamen Member-led Virtual Donelle Estev **NEW Concert: Not a Sonata** Joey Zimet S104 Cocktail Hour\* Painting & Drawing 👭 **NB11** with Arielle Levioff, pianist 👭 **Warburg Lounge** 5:00-6:00 pm 12:30-2:30 pm Lunchtime Chat 12/6, class is cancelled. (12/13)Sit and Be Fit 😃 Donelle Estev 12:30-1:15 pm 2:00-3:00 pm 11:00-11:50 am **NB11 NEW Art with Donelle!** Elizabeth Flamm, LCSW Tbd Kareem Collins 10:00 am-12:00 pm Learn, Play and Laugh with **Warburg Lounge NEW Art with Donelle! NEW The Best Of...\*** SUNDAY 92NY's Rabbi 🚨 🗍 **Donelle Estev** 12:30-2:30 pm 3:15-4:15 pm **World Events** 1:00-2:00 pm **NB11** Donelle Estey Rabbi David Ingber Phyllis Brusiloff **Short Story** 11:00 am-12:00 pm Yoga 👭 **NB11** Discussion Group\* Scheuer, Kirk and Levin **Warburg Lounge** The Glassroom 11:00 am-12:00 pm Led by Joanne Bernstein Memoir Writing Game Room for Open Play 👭 NEW Café lyrit 🔐 T'ai Chi Chih Wendell Odom 5:00-6:00 pm 2:00-4:00 pm (9/6-12/20) (TBD) 3:30-4:20 pm **NB07** WAG 12:45-2:00 pm 12:00-1:30 pm Ken Gray Susan Stein **NEW Siena: The Rise of** Raz Betser **NEW Muslims. Christians Member-led Virtual** Painting 1300-1350 🚨 🗔 Tbd and Jews in Middle East Live Strong in Practice 👭 Cocktail Hour\* **KEY** Separate pay. (12/6)History 🚨 🗔 1:00-1:50 pm 5:00-6:00 pm 11:00 am-12:00 pm (11/14-12/19) **NEW Holiday Party** Dr. Randy Kamen Dr. Seth Gopin 2:15-3:15 pm (12/19)S104 = Online Professor Matthew Ellis **Warburg Lounge** 12:00-2:00 pm **Warburg Lounge** Shoot the Breeze **Buttenwieser Hall** = In Person NEW Ulpan 👭 12/19, class time changes 1:30-2:30 pm Registration and purchase 11:00 am-12:00 pm to 2:30-3:30 pm. Erica Shein = Online AND of a ticket are required. Raz Betser **NEW DAY Ping Pong** In Person N205 Supervised Bridge 👭 (10/31-12/19) 12:15-2:15 pm Registration is required. \* = Member-led 3:00-4:00 pm Alene Friedman & Michael Radin **Location: PingPod** WAG 1470 Lexington Avenue, corner CONTACT of Lex and 95th. Purchase of a game card is required. **Himan Brown Program Office:** Member-led Virtual 212.415.5649 Cocktail Hour\* 5:00-6:00 pm **Membership Office:** 212.415.5729