



**May Center for Health, Fitness & Sport  
Class Calendar - Fall, 2024**

**PEP! (Parkinson’s Exercise Program) Classes**

<b>Day</b>	<b>Start</b>	<b>End</b>	<b>No Classes</b>
Tue	9/10	10/29	
Thu	9/12	11/7	10/3
Tue	11/12	1/14	12/24, 12/31
Thu	11/21	1/23	11/28, 12/26

**Parkinson’s and Other Neurological Conditions Support Group**

<b>Day</b>	<b>Start</b>	<b>End</b>	<b>No Classes</b>
Tue	9/10	10/29	
Tue	11/12	1/14	12/24, 12/31

<b>Registration</b>	<b>212.415.5500</b>	<b>Health &amp; Fitness</b>	<b>212.415.5702</b>
<b>Membership</b>	<b>212.415.5729</b>	<b>Aquatics</b>	<b>212.415.5718</b>
<b>Children’s Athletics</b>	<b>212.415.5710</b>	<b>Sports</b>	<b>212.415.5714</b>